

# GIRLS ALL-TIME OTHER EVENTS

## 600 Meters

|                |                          |                   |             |
|----------------|--------------------------|-------------------|-------------|
| 1:36.43        | Abby Downin              | Edina             | 2023        |
| 1:37.42        | Olivia Dengel            | Eden Prairie      | 2014        |
| <b>1:38.22</b> | <b>Lillian Humeniunk</b> | <b>Moorhead</b>   | <b>2025</b> |
| 1:38.75        | Molly Bennett            | Edina             | 2024        |
| <b>1:39.31</b> | <b>Ava Dunnigan</b>      | <b>Moorhead</b>   | <b>2025</b> |
| 1:39.44        | Abby Jirele              | Eden Prairie      | 2017        |
| 1:39.53        | Taylor Melton            | Moorhead          | 2019        |
| 1:39.59        | Summer Carlson           | Moorhead          | 2019        |
| <b>1:40.29</b> | <b>Brooke Marquardt</b>  | <b>Prior Lake</b> | <b>2025</b> |
| 1:40.36        | Alyssa Lind              | Bloom. Jefferson  | 2015        |

## 1500 Meters

|                 |                       |                    |             |
|-----------------|-----------------------|--------------------|-------------|
| 4:24.10         | Bethany Hasz          | Alexandria         | 2016        |
| 4:26.35 i       | Abbey Nechanicky      | Wayzata            | 2023        |
| 4:29.39         | Megan Hasz            | Alexandria         | 2016        |
| 4:30.95         | Evie Malec            | Minnetonka         | 2024        |
| <b>4:35.30</b>  | <b>Carley LaMotte</b> | <b>Burnsville</b>  | <b>2025</b> |
| 4:36.06         | Sydney Drevlow        | Hopkins            | 2023        |
| 4:36.53         | Calia Chaney          | Pequot Lakes       | 2024        |
| <b>4:41.339</b> | <b>Norah Hushagen</b> | <b>Forest Lake</b> | <b>2025</b> |
| 4:41.85         | Anastasia Korzenowski | Chanhassen         | 2017        |

## 3000 Meters

|                |                       |                        |             |
|----------------|-----------------------|------------------------|-------------|
| 9:26.25i       | Abbey Nechanicky      | Wayzata                | 2023        |
| 9:47.13i       | Luna Scorzelli        | St. Paul Highland Pk   | 2023        |
| 9:49.37        | Shannon Bergstedt     | Hopkins                | 2004        |
| 9:50.00        | Alex Gits             | Edina                  | 2007        |
| 9:53.86        | Mia Hoffman           | Bemidji                | 2024        |
| <b>9:54.13</b> | <b>Norah Hushagen</b> | <b>Forest Lake</b>     | <b>2025</b> |
| 9:55.38i       | Grace Ping            | Cotter                 | 2018        |
| 9:55.66i       | Maya Mor              | Minnetonka             | 2020        |
| <b>9:59.01</b> | <b>Margaret Duffy</b> | <b>St John's Preps</b> |             |
| 10:01.07       | Sydney Drevow         | Hopkins                | 2023        |
| 10:01.80       | Isabel Schmitz        | Hutchinson             | 2023        |
| 10:04.16       | Emma Benner           | Forest Lake            | 2015        |
| 10:04.20       | Isabel Mahoney        | Monticello             | 2024        |
| 10:04.87       | Jenna Trudeau         | Bemidji                | 2014        |

## 5000 Meters

|           |                   |             |      |
|-----------|-------------------|-------------|------|
| 16:43.65  | Danielle Anderson | Eagan       | 2012 |
| 16:44.08i | Maria Hauger      | Shakopee    | 2013 |
| 16:44.80  | Grace Ping        | Cotter      | 2016 |
| 16:45.03  | Emma Benner       | Forest Lake | 2016 |
| 16:50.47  | Alex Gits         | Edina       | 2007 |
| 17:00.17  | Jade Rypkema      | Nevis       | 2023 |

## Heptathalon

|             |                   |                        |             |
|-------------|-------------------|------------------------|-------------|
| 5363        | Shaina Burns      | Lakeville South        | 2014        |
| 5122        | Shaina Zinter     | Concordia Academy      | 2022        |
| 4999        | Martha Harris     | Byron                  | 1991        |
| <b>4934</b> | <b>Eva Welsch</b> | <b>Lakeville South</b> | <b>2025</b> |
| 4541        | Natalie Windels   | Eagan                  | 2017        |

## 400 Meter Hurdles

|         |                       |                   |         |
|---------|-----------------------|-------------------|---------|
| 58.85   | Meleah Biermaier      | Thief River Falls | 2016    |
| 59.19   | Shaina Zinter         | Concordia Academy | 2022    |
| 1:00.37 | Addyson White         | Prior Lake        | 2024    |
| 1:00.66 | Erin Huls             | Rocori            | 2015    |
| 1:00.82 | Claire Kohler         | Minnetonka        | 2023    |
| 1:00.99 | Natalie Windels       | Eagan             | 2017    |
| 1:01.94 | Ava Cinnamo           | Rosemount         | 2021    |
| 1:02.03 | Karina Joiner         | East Ridge        | 2015    |
| 1:02.30 | Jaylen Struck-Schmitz | Belle Plaine      | 2019    |
| 1:03.47 | Shaina Burns          | Lakeville South   | 2012&14 |

## Javelin

|        |               |                   |      |
|--------|---------------|-------------------|------|
| 129-10 | Shaina Burns  | Lakeville South   | 2014 |
| 118-9  | Destiny Truly | Park Center       | 2016 |
| 114-7  | Shaina Zinter | Concordia Academy | 2022 |

## Hammer Throw

|          |                 |                 |      |
|----------|-----------------|-----------------|------|
| 130-5    | Delaney Smith   | Windom          | 2019 |
| 127-0    | Leah Klein      | Mounds View     | 2017 |
| 114-8.5  | Alexis Fahey    | Forest Lake     | 2024 |
| 106-1.25 | Nayeli Williams | Brooklyn Center | 2018 |
| 99-5     | Elise Nolte     | Martin Luther   | 2023 |

## 2000 Meter Steeplechase

|         |                   |                    |      |
|---------|-------------------|--------------------|------|
| 7:19.88 | Anna Maurer       | Hill-Murray        | 2013 |
| 7:23.47 | Mia Pannella      | Hills-Beaver Creek | 2024 |
| 7:30.20 | Erica Seidenkranz | Irondale           | 2011 |

## 800 Meter Medley Relay (State Meet Event 1973-5 at 880 Yards)

|         |          |                                                           |
|---------|----------|-----------------------------------------------------------|
| 1:48.5y | Moorhead | 1975 (1:49.2y) (P Wisanen, C Heinze, D Watson, M MacLeod) |
|---------|----------|-----------------------------------------------------------|

|                |                   |                |
|----------------|-------------------|----------------|
| 1:49.2         | Stillwater        | 1980           |
| <b>1:50.08</b> | <b>Prior Lake</b> | <b>2025</b>    |
| 1:50.25        | Bloom. Kennedy    | 2015           |
| 1:50.71        | Norwood-Young Am. | 2023           |
| 1:50.1y        | Owatonna          | 1975 (1:50.8y) |
| 1:50.7y        | Moorhead          | 1974 (1:51.4y) |

## 1600 Meter Medley Relay

|                |                         |                                                            |
|----------------|-------------------------|------------------------------------------------------------|
| 3:56.23        | Minnetonka              | 2024 (Z Kuku, C Roehl, C Kohler, E Malec)                  |
| <b>4:01.00</b> | <b>Minnetonka</b>       | <b>2025 (M Jack, B Rusing, A Gulyard, E Malec)</b>         |
| 4:03.55        | Minnetonka              | 2018 (F. Robinson, O. O'Brien, G. Hoelscher, E. Halbraier) |
| 4:04.79        | Minnetonka              | 1986                                                       |
| 4:09.18        | Shakopee                | 2015                                                       |
| <b>4:12.16</b> | <b>Prior Lake</b>       | <b>2025</b>                                                |
| 4:12.73        | Hills-Beaver Creek      | 2024                                                       |
| 4:14.33        | Lakeville South         | 2015                                                       |
| 4:15.06        | St. Michael-Albertville | 2017                                                       |
| <b>4:15.51</b> | <b>Burnsville</b>       | <b>2025</b>                                                |
| 4:15.56        | Anoka                   | 2012                                                       |
| 4:16.09        | Brainerd                | 2024                                                       |

## Distance Medley Relay

|                 |                   |                                                                 |
|-----------------|-------------------|-----------------------------------------------------------------|
| <b>12:02.11</b> | <b>Minnetonka</b> | <b>2025 (A Marasco-Johnson, A Gulyard, A Dragseth, E Malec)</b> |
| <b>12:26.29</b> | <b>St Peter</b>   | <b>2025 (B Friedrich, M Portner, E Dirks, K Friedrich)</b>      |
| 12:37.38        | Alexandria        | 2022 (E. Ecker, A. Krasky, A. Miller, J. Miller)                |
| 12:39.20        | Shakopee          | 2013                                                            |
| 12:45.97        | Eagan             | 2015                                                            |
| 12:47.03        | Farmington        | 2024                                                            |
| 12:51.56        | Chanhassen        | 2013                                                            |
| 12:53.15        | Farmington        | 2015                                                            |

## 4x1600 Meter Relay (adding times)

|         |         |      |
|---------|---------|------|
| 21:29.1 | Hopkins | 2016 |
|---------|---------|------|

## 4x 1 Mile Relay

|                 |                    |                                                                  |
|-----------------|--------------------|------------------------------------------------------------------|
| 20:18.67i       | Wayzata            | 2023 (A. Nechanicky, G. Mignone, A. Kleyman, T. Anderson)        |
| <b>21:22.66</b> | <b>Minnetonka</b>  | <b>2025 (S Cummings, A Dragseth, A Marasco-Johnson, E Malec)</b> |
| <b>21:23.82</b> | <b>Maple Grove</b> | <b>2025</b>                                                      |
| 21:30.50        | Mounds View        | 2023                                                             |